



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|---|---|
| | | | | No School |
| No School | Zee Zee Nutrition Bar(38) Orange Juice(15) Zee Zee Mixzee Dried Fruit (30) 1% or FF White Milk(13) | WG Bagel(29) Fresh Apple(19) 1% or FF White Milk(13) | WG Double Chocolate Chip Muffin(27) Animal Grahams(20) Fresh Banana(23) Orange Juice(15) 1% or FF White Milk(13) | Golden Grahams(24) Mini Vanilla Wafers(19) Apple Juice(15) Fresh Orange(19) 1% or FF White Milk(13) |
| | 506:240:96 | 498:470:61 | 555:350:98 | 496:435:90 |
| Zee Zee Nutrition Bar(40) Craisins(28) Orange Juice(15) 1% or FF White Milk(13) | Cocca Puffs Cereal(25) Giant Cinnamon Goldfish(21) Apple Juice(15) Zee Zee Mixzee Dried Fruit (30) 1% or FF White Milk(13) | Dannon Nonfat Creamy Yogurt (14) WG Granola Pack (20) Fresh Apple(19) 1% or FF White Milk(13) | WG Banana Muffin(31) Animal Grahams(20) Fresh Banana(23) Orange Juice(15) 1% or FF White Milk(13) | Zee Zee Nutrition Bar(33) Apple Juice(15) Fresh Orange(19) 1% or FF White Milk(13) |
| 536:235:96 | 526:420:104 | 368:265:66 | 575:355:102 | 466:215:85 |
| Cinnamon Toast Crunch Cereal(22) Mini Vanilla Wafers(19) Craisins(28) Orange Juice(15) 1% or FF White Milk(13) | Zee Zee Nutrition Bar (40) Apple Juice(15) Zee Zee Mixzee Dried Fruit (30) 1% or FF White Milk(13) | Honey Wheat Bagel with Jam (43) Fresh Apple(19) 1% or FF White Milk(13) | WG Double Chocolate Chip Muffin(27) Giant Cinnamon Goldfish(21) Fresh Banana(23) Orange Juice(15) 1% or FF White Milk(13) | Trix Cereal(24) Animal Grahams(20) Apple Juice(15) Fresh Orange(19) 1% or FF White Milk(13) |
| 526:375:97 | 546:260:98 | 383:265:75 | 565:340:99 | 476:385:91 |
| Lucky Charms(23) Mini Vanilla Wafers(19) Craisins(28) Orange Juice(15) 1% or FF White Milk(13) | Zee Zee Nutrition Bar(38) Apple Juice(15) Zee Zee Mixzee Dried Fruit (30) 1% or FF White Milk(13) | Dannon Nonfat Creamy Yogurt (14) Giant Cinnamon Goldfish(21) Fresh Apple(19) 1% or FF White Milk(13) | WG Banana Muffin(31) Animal Grahams(20) Fresh Banana(23) Orange Juice(15) 1% or FF White Milk(13) | Golden Grahams(24) Mini Vanilla Wafers(19) Apple Juice(15) Fresh Orange(19) 1% or FF White Milk(13) |
| 526:395:98 | 506:240:96 | 378:295:67 | 575:355:102 | 496:435:90 |



Thought for Thought
Knowledge becomes wisdom only after it has been put to practical use. - Anon.

Tips & Information
 Labor Day, the first Monday in September, constitutes a yearly national tribute to the contributions workers have made to the strength, prosperity, and well-being of our country. The first unofficial Labor Day holiday was celebrated on Tuesday, September 5, 1882, in New York City. On June 28th, 1894 the first Monday in September was declared Labor Day by President Grover Cleveland. Labor Day is not only celebrated in the United States, but also Canada and other industrialized nations. This day for some is a day to relax and enjoy the end of summer & the beginning of another GREAT YEAR OF LEARNING!!

Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ()
 AvgCals:500 AvgSod(mg):333 AvgCarbs(g):90
 "or:" = An alternative selection to choose. *WG*=Whole Grain
 1% White & Fat Free Chocolate Milk available daily.

****Menu Subject to Change****
 This institution is an equal opportunity provider.