



| Monday   | Tuesday   | Wednesday  | Thursday   | Friday   |
|--|---|--|--|--|
| <p><b>Cheeseburger Meatloaf on WW Bun (32)</b><br/>Diced Potatoes(20)<br/>Diced Peaches(14)<br/>1% White or FF Flavored Milk(19)</p> <p>2 610:934:85</p>         | <p><b>Texas Style Chicken Drumstick w/ WW</b><br/>Baked Beans(32)<br/>Fresh Apple(19)<br/>1% White or FF Flavored Milk(19)</p> <p>3 644:1226:92</p>                               | <p><b>All-American Hamburger on WW Bun(29)</b><br/>Tossed Salad with Ranch(2)<br/>Fresh Orange(19)<br/>1% White or FF Flavored Milk(19)</p> <p>4 694:1204:69</p> | <p><b>Chicken &amp; Rice Casserole(38)</b><br/>Fresh Broccoli &amp; Ranch Dressing(4)<br/>Fresh Banana(23)<br/>1% White or FF Flavored Milk(19)</p> <p>5 681:1049:85</p> | <p><b>Pizza Slice(34)</b><br/>Baby Carrots w/ Ranch(9)<br/>Fruit mix(17)<br/>1% White or FF Flavored Milk(19)</p> <p>6 629:1205:79</p>     |
| <p><b>Italian Meatball Sub on WG Bun(38)</b><br/>Baked Green Beans(6)<br/>Diced Peaches(14)<br/>1% White or FF Flavored Milk(19)</p> <p>9 539:816:78</p>         | <p><b>Chicken Fries w/ BBQ Sauce and WG</b><br/>Sweet Baby Peas(10)<br/>Fresh Banana(23)<br/>1% White or FF Flavored Milk(19)</p> <p>10 602:691:85</p>                            | <p><b>Turkey Chorizo Taco w/ WG Flatbread(30)</b><br/>Mexican Pinto Beans(27)<br/>Fresh Apple(19)<br/>1% White or FF Flavored Milk(19)</p> <p>11 670:1287:96</p> | <p><b>Grilled Chicken Salad w/ WW Pita(35)</b><br/>Tossed Salad with Ranch(2)<br/>Fresh Banana(23)<br/>1% White or FF Flavored Milk(19)</p> <p>12 736:1122:79</p>        | <p><b>Pizza Slice(34)</b><br/>Baby Carrots w/ Ranch(9)<br/>Orange Juice(15)<br/>1% White or FF Flavored Milk(19)</p> <p>13 629:1195:77</p> |
| <p><b>BBQ Meatloaf Sandwich on WW Bun(37)</b><br/>Seasoned Corn(25)<br/>Diced Peaches(14)<br/>1% White or FF Flavored Milk(19)</p> <p>16 627:836:96</p>          | <p><b>Classic Cheeseburger on WW Bun(29)</b><br/>Baked Beans(32)<br/>Fresh Apple(19)<br/>1% White or FF Flavored Milk(19)</p> <p>17 <b>St. Patrick's Day</b><br/>781:1658:100</p> | <p><b>Walking Taco w/ WG Corn Chips(21)</b><br/>Romaine w/ Dressing(1)<br/>Pineapple Tidbits(17)<br/>1% White or FF Flavored Milk(19)</p> <p>18 567:889:59</p>   | <p><b>Asian Chicken w/ Brown Rice and WW Dinner</b><br/>Stir Fry Vegetables (9)<br/>Fresh Banana(23)<br/>1% White or FF Flavored Milk(19)</p> <p>19 633:744:108</p>      | <p>No School</p> <p>20</p>   |
| <p><b>Popcorn Chicken w/ WG Crackers(33)</b><br/>Baked Beans(32)<br/>Diced Pears(14)<br/>1% White or FF Flavored Milk(19)</p> <p>23 712:1116:98</p>              | <p><b>Bag Lunch</b><br/>Turkey &amp; Cheese Sandwich<br/>Carrot Stix w/ Ranch<br/>Fresh Apple<br/>Milk(65)</p> <p>24 610:1615:65</p>  | <p><b>Chicken Soft Taco on WW Tortilla w/ WG</b><br/>Romaine w/ Dressing(1)<br/>Fresh Apple(19)<br/>1% White or FF Flavored Milk(19)</p> <p>25 618:927:76</p>    | <p><b>Salisbury Steak w/ WG Dinner Roll(22)</b><br/>Mashed Potato(22)<br/>Fresh Banana(23)<br/>1% White or FF Flavored Milk(19)</p> <p>26 565:1333:86</p>                | <p><b>Pizza Slice(34)</b><br/>Baby Carrots w/ Ranch(9)<br/>Orange Juice(15)<br/>1% White or FF Flavored Milk(19)</p> <p>27 629:1195:77</p> |
| <p><b>Baked Mostaccioli w/ WW Dinner Roll(39)</b><br/>Romaine w/ Dressing(1)<br/>Diced Peaches(14)<br/>1% White or FF Flavored Milk(19)</p> <p>30 746:753:74</p> | <p><b>Cheeseburger Mac w/ WW Dinner Roll(36)</b><br/>Savory Carrots Coins(7)<br/>Fresh Apple(19)<br/>1% White or FF Flavored Milk(19)</p> <p>31 620:1079:81</p>                   |  |  |  |



### Thought for Thought

A dreamer is one who can only find his way by moonlight, and his punishment is that he sees the dawn before the rest of the world. - Oscar Wilde

### Tips & Information

Established in 1989, the National School Breakfast week was created to remind and encourage all students to eat a nutritious breakfast. Research has shown eating breakfast in the morning provides the fuel children need to perform all day. Look to fresh fruits, vegetables, nuts, yogurt or toast for a quick and delicious meal.

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Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ( )  
AvgCals:644 AvgSod(mg):1089 AvgCarbs(g):83

"or." = An alternative selection to choose. "WG"=Whole Grain  
1% White & Fat Free Chocolate Milk available daily.



**\*\*Menu Subject to Change\*\***