

# 5/5 Meal Box Brk



Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Strawberry Pop Tart</b>  Orange Tangerine Juice Box 1% White or FF Chocolate Milk	<b>Smore Nutrition Bar</b>  Orange Tangerine Juice Box 1% White or FF Chocolate Milk	<b>Butterscotch Oatmeal Bar</b>  Apple Juice Box 1% White or FF Chocolate Milk	<b>Strawberry Granola Bar</b>  Diced Pear Cup 1% White or FF Chocolate Milk
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Mixed Berry Rice Krispies Cereal Bar</b>  Fresh Apple 1% White or FF Chocolate Milk	<b>Frosted Flakes</b>  100%Grape Juice 1% White or FF Chocolate Milk	<b>Cinnamon Toast Crunch Cereal bar</b>  Apple Juice Box 1% White or FF Chocolate Milk	<b>Golden Grahams Cereal Bar</b>  Diced Pear Cup 1% White or FF Chocolate Milk	<b>Chef Breakfast Choice</b>  Orange Tangerine Juice Box 1% White or FF Chocolate Milk
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<b>Cinnamon Toast Crunch Cereal</b>  100%Grape Juice 1% White or FF Chocolate Milk	<b>Butterscotch Oatmeal Bar</b>  Apple Juice Box 1% White or FF Chocolate Milk	<b>Golden Grahams</b>  Orange Tangerine Juice Box 1% White or FF Chocolate Milk	<b>Trix Cereal Bar</b>  Apple Juice Box 1% White or FF Chocolate Milk	<b>WG Blueberry Muffin</b>  Fresh Apple 1% White or FF Chocolate Milk
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b>Golden Grahams</b>  100%Grape Juice 1% White or FF Chocolate Milk	<b>Nutri-grain Bar</b>  Orange Tangerine Juice Box 1% White or FF Chocolate Milk	<b>Chef Breakfast Choice</b>  Orange Tangerine Juice Box 1% White or FF Chocolate Milk	<b>Butterscotch Oatmeal Bar</b>  Apple Juice Box 1% White or FF Chocolate Milk	<b>WG Banana Muffin</b>  Fresh Apple 1% White or FF Chocolate Milk
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<b>Mixed Berry Rice Krispies Cereal Bar</b>  Fresh Apple 1% White or FF Chocolate Milk	<b>Frosted Flakes</b>  100%Grape Juice 1% White or FF Chocolate Milk	<b>Cinnamon Toast Crunch Cereal bar</b>  Apple Juice Box 1% White or FF Chocolate Milk	<b>Golden Grahams Cereal Bar</b>  Diced Pear Cup 1% White or FF Chocolate Milk	Happy Holidays!
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	



Thought for Thought

Tips & Information

The oldest pair of skates known date back to about 3000 B.C., found at the bottom of a lake in Switzerland. The skates were made from the leg bones of large animals, holes were bored at each end of the bone and leather straps were used to tie the skates on. Around the 14th Century, the Dutch started using wooden platform skates with flat iron bottom runners. The skates were attached to the skater's shoes with leather straps.

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"or." = An alternative selection to choose. "WG"=Whole Grain  
 1% White & Fat Free Chocolate Milk available daily.



**\*\*Menu Subject to Change\*\***