

Monday	Tuesday	Wednesday	Thursday	Friday
			Butterscotch Oatmeal Bar Fresh Pineapple Cup 1% White or FF Chocolate Milk	WG Banana Muffin Diced Peach Cup 1% White or FF Chocolate Milk
			1	2
Golden Grahams 100%Grape Juice 1% White or FF Chocolate Milk	Cinnamon Toast Crunch Cereal Orange Tangerine Juice Box 1% White or FF Chocolate Milk	Nutri-grain Bar Orange Tangerine Juice Box 1% White or FF Chocolate Milk	Butterscotch Oatmeal Bar Pineapple Tibits Cup 1% White or FF Chocolate Milk	WG Banana Muffin Diced Peach Cup 1% White or FF Chocolate Milk
5	6	7	8	9
Cinnamon Toast Crunch Cereal Mini Strawberry Wafers Craisins 100%Grape Juice 1% White or FF Chocolate Milk	Golden Grahams Mini Vanilla Wafers Orange Juice Diced Peach Cup 1% White or FF Chocolate Milk	Trix Cereal Bar Mini Strawberry Wafers Apple Juice Pineapple Tibits Cup 1% White or FF Chocolate Milk	Butterscotch Oatmeal Bar Animal Crackers Apple Juice Fresh Orange 1% White or FF Chocolate Milk	WG Banana Muffin Giant Cinnamon Goldfish Craisins Diced Pear Cup 1% White or FF Chocolate Milk
12	13	14	15	16
Golden Grahams Vanilla Wafers Orange Juice Diced Peach Cup 1% White or FF Chocolate Milk	Cinnamon Toast Crunch Cereal Animal Crackers Craisins 100%Grape Juice 1% White or FF Chocolate Milk	Trix Cereal Bar Giant Vanilla Goldfish Apple Juice Pineapple Tibits Cup 1% White or FF Chocolate Milk	Butterscotch Oatmeal Bar Giant Cinnamon Goldfish Apple Juice Mandarin Orange Cup 1% White or FF Chocolate Milk	Giant Vanilla Goldfish WG Banana Muffin Craisins Diced Peach Cup 1% White or FF Chocolate Milk
19	20	21	22	23
Strawberry Pop Tart 100%Grape Juice 1% White or FF Chocolate Milk	Golden Grahams Orange Juice 1% White or FF Chocolate Milk	Trix Cereal Bar Orange Juice 1% White or FF Chocolate Milk	Breakfast Nutrition Bar Fresh Pineapple Cup 1% White or FF Chocolate Milk	WG Banana Muffin Mandarin Orange Cup 1% White or FF Chocolate Milk
26	27	28	29	30



Thought for Thought

If a man does not keep pace with his companions perhaps it is because he hears a different drummer. Let him step to the music he hears however

Tips & Information

Columbus is celebrated on the 2nd Monday in October. The day is commemorated as the Columbus Day in United States, as Día de las Culturas (Day of the Cultures) in Costa Rica, as Día de la Hispanidad (Spanish Day), as Día de la Raza (Day of the Race) in many countries in Latin America. Columbus Day became an authorized state holiday in Colorado in 1905. It became a national holiday in 1970 in the United States.

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"or." = An alternative selection to choose. "WG"=Whole Grain
1% White & Fat Free Chocolate Milk available daily.



****Menu Subject to Change****